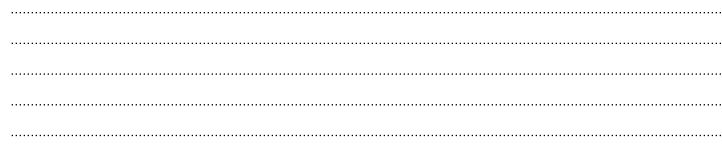
WEEKLY REFLECTIONS

IM THANKFUL FOR



A HAPPY MOMENT

NEGATIVE THOUGHTS TO LET GO

GOALS ACCOMPLISHED

GOALS FOR NEXT WEEK

HOW I FELT THIS WEEK

A LESSON LEARNED